

RBE No. 67/2016

भारत सरकार/Government of India  
रेल मंत्रालय/Ministry of Railways  
(रेलवे बोर्ड) (Railway Board)

No.2016/E(LL)/HPC/5

New Delhi  
Dt. 16.06.2016

The General Manager(P),  
All Indian Railways & PUs, RDSO, Lucknow, Metro Rail, Kolkata

Sub : Recommendations of the High Power Committee to review the duty hours of running & other safety related categories of staff – Rosters of Intensive category of staff.

The High Power Committee, constituted to review the duty hours of running and other safety related categories of staff, had recommended on roster of Intensive category of staff as under:

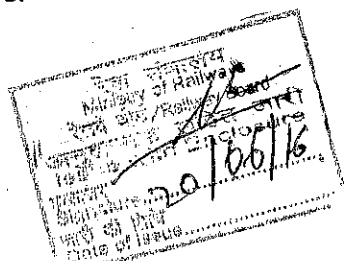
"The rosters for Intensive category staff should be made in such a way that they don't work on all seven days in a week and also get a weekly rest of 40 hours minimum. Zonal Railways may be asked by the Ministry of Railways to modify their rosters for "Intensive" category staff accordingly. A copy of the modified roster received by the Committee from North Western Railway may be circulated to them along with this letter for guidance (Para 5.4)".

The above recommendation has been duly considered by the Board and in modification of previous instructions on the subject, the following decision has been taken:

"Rosters may be revised on the basis of model roster of NWR to provide better quality of periodical rest to affected categories of staff".

A copy of the model roster from NWR recommended by the Committee is enclosed. Railways may consider the feasibility of adopting the above roster without creating additional posts so that they get proper rest in a week.

The existing provisions of the Railways Act, 1989 and Railway Servants (Hours of Work & Period of Rest) Rules, 2005, will continue to be applicable.

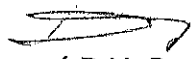


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This issues with the concurrence of Finance Directorate of the Ministry of Railways.

Please acknowledge the receipt.

DA: As above

  
( D.V. Rao )  
Director Estt.(LL)  
Railway Board

Copy to:

1. The General Secretary, AIRF, Room No. 253, Rail Bhawan, New Delhi
2. The General Secretary, NFIR, RoomNo.256E, Rail Bhawan, New Delhi
3. The General Secretary, All India SC/ST Railway Employees Association, Room No. 7, GF, Rail Bhawan, New Delhi
4. The General Secretary, All India OBC Railway Employees Federation, Room No. 48, GF, Rail Bhawan, New Delhi

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# Annexure -XI

## Proposed roster received from North Western Railway for "Intensive" category staff

S. No.	Days	Employee A			Employee B			Employee C			Employee D		
		From To Hours	Duty Hours	Rest Hours	From To Hours	Duty Hours	Rest Hours	From To Hours	Duty Hours	Rest Hours	From To Hours	Duty Hours	Rest Hours
1	Sunday	0 - 6	6	12	18 - 24	6	36	12 - 18	6	12	06 - 12	6	12
2	Monday	Rest		42	18 - 24	6	18	12 - 18	6	18	06 - 12	6	18
3	Tuesday	0 - 6	6		18 - 24	6	18	12 - 18	6	18	Rest		42
4	Wednesday	0 - 6	6	18	18 - 24	6	18	Rest	6	42	06 - 12	6	
5	Thursday	0 - 6	6	18	Rest		42	12 - 18	6		06 - 12	6	18
6	Friday	0 - 6	6	18	18 - 24	6		12 - 18	6	18	06 - 12	6	18
7	Saturday	0 - 6	6	18	18 - 24	6	18	12 - 18	6	18	06 - 12	6	18
Total		----	36	----	----	36	----	----	36	----	----	36	----

**Note :-** 1. One additional rest giver will be required with two spare working days.

2. A will pick up roster of B, B will pick up roster of C, C will pickup roster of D & D will pickup roster of A. After every week no body remains on duty continues for day/night.